

FEMA DOLLARS AT WORK

Gardens and “Healing Spaces” Multicultural Dialogue Theatre Workshops Building Trust During War Workshop Peace Workshop Anger Management

Post 9/11, FEMA granted funds to several counties in Northern Virginia to form the Community Resilience Project

According to its website, “The Project is made up of caring mental health professionals and outreach workers who are dedicated to help the community heal during these difficult times. The Project offers education, referrals, and counseling services, free of charge, to all individuals and groups within Alexandria City, Arlington County, Fairfax County, and Loudoun County.” Source: <http://www.communityresilience.com/>

Some examples of Northern Virginia’s Community Resilience Project activities paid for with FEMA dollars:

“*Common Ground* - The Community Resilience Project is collaborating with the Virginia Cooperative Extension and a group of other community organizations in a yearlong celebration of trees, gardens, and other healing spaces. An event held every month focuses on the theme of the healing power of our connection to trees and nature.”

<http://www.communityresilience.com/arlington/arlingtonservices.htm>

“3. Anger Management Program

This comprehensive program helps participants explore anger and its common causes, become familiar with anger cues, develop coping skills, manage feelings that accompany anger & develop a comprehensive anger management plan. Presented in 1 to 12 1.5-hour sessions. Ages teen to adult.”

<http://www.communityresilience.com/alexandria/summaryofworkshops.htm>

Multicultural Initiative

“The Community Resilience Project ... will present a series of cross-cultural dialogues. These cross-cultural dialogues are to encourage the community to participate in a greater discussion of who we are, where we are from, why we are here and how we are doing.”

<http://www.communityresilience.com/fairfax/fairfaxmulticultural.htm>

Multicultural Town Meeting Thursday,
May 8th, 2003, Alexandria, Virginia

“Building Trust During War: Dealing with Differences and Embracing Commonality”

<http://www.communityresilience.com/Information/Flyrt-Tricia.doc>

“Future Workshops to address issues of:

- Diversity
- Peace
- Violence vs. Non-Violence”

<http://www.communityresilience.com/alexandria/summaryofworkshops.htm>

“**Theatre Workshops** - Our counselors also provide opportunities for children and teens to participate in several theatre activities. Plays from different countries are used to illustrate the similarities between community values despite differences in cultures.” <http://www.communityresilience.com/arlington/arlingtonservices.htm>